

## Supporting links &amp; information

- Patient landing page: Service overview, eligibility, readiness - <https://momentanewcastle.com/t2dr-nn>
- Referrer resources: Eligibility, search, forms, patient info, guidance etc. - <https://momentanewcastle.com/hcp-t2dr-nn>
- Contact: [momenta.t2dr-nn@nhs.net](mailto:momenta.t2dr-nn@nhs.net) or 0115 704 2139
- Referral support session with Momenta - <https://outlook.office365.com/owa/calendar/T2DRWeeklydropinsessions@momentanewcastle.com/bookings/s/R9Y5ftq0OUCK-27aY0yaTw2>

## Search and invitation

1. Run T2DR search
2. Confirm patient eligibility and suitability for this programme

Send invite for referral via SMS Landing page / flyer to inform patient about the programme before referral

**Optional** - Invite to practice T2DR event co-hosted by practice and Momenta (in-person or virtual)

SNOMED codes\*:  
Invited: 1239631000000109  
Declined: 1239581000000107

Referral process  
Allow 15 mins

- Review patient medications (diabetes, BP and any impacted by weight loss / dietary change)
- Agree medication adjustments and confirm understanding with patient
- Complete the referral form and **send medication adjustments to Momenta\*\***
- Send patient their medication changes (including if no changes required)

Momenta requests any missing referral / medication adjustment information

GP Practice returns updated form.  
*(Incomplete referrals cannot progress)*

## GP Practice care:

- Repeat HbA1c at 6 & 12 months
- Possible medications / other review
- Continued care for patient e.g. annual review

Momenta notifies GP Practice of threshold breaches / actions / coding / side-effects

## Usual care

## Patient review at:

- Diagnosis appointment
- Annual review
- General appointment
- Patient request

Explain T2DR programme, offer resources / information, discuss referral

**Momenta checks**

- Eligibility
- Medication adjustments (including no changes) in writing
- Missing information

ELIGIBILITY CONFIRMED

**Patient onboarding**

- Registration
- Individual assessment
- Choice of In-person or Digital

START PROGRAMME

**On programme**

- Patient starts chosen model
- Momenta monitors attendance, weight, BG, BP if on BP meds @ referral

## Patient discharge

- Ineligible / decline / dropout / complete
- Momenta inform GP Practice, with relevant metrics, coding and/or action
- Momenta signposts participants to relevant services

INCOMPLETE