

### Supporting links & information

- Patient landing page: Service overview, eligibility, readiness - <https://momentanewcastle.com/t2dr-cm>
- Referrer resources: Eligibility, search, forms, patient info, guidance etc. - <https://momentanewcastle.com/hcp-t2dr-cm>
- Contact: [momenta.t2dr-candm@nhs.net](mailto:momenta.t2dr-candm@nhs.net) or 0151 294 2005
- Referral support session with Momenta - <https://book.ms/b/T2DRWeeklydropinsessions@momentanewcastle.com>

### Search and invitation

1. Run T2DR search
2. Confirm patient eligibility and suitability for this programme

Send invite for referral via SMS Landing page / flyer to inform patient about the programme before referral

**Optional** - Invite to practice T2DR event co-hosted by practice and Momenta (in-person or virtual)

SNOMED codes\*:  
Invited: 1239631000000109  
Declined: 1239581000000107

### Referral process

Allow 15 mins

- Review patient medications (diabetes, BP and any impacted by weight loss / dietary change)
- Agree medication adjustments and confirm understanding with patient
- Complete the referral form and **send medication adjustments to Momenta\*\***
- Send patient their medication changes (including no changes required)

Explain T2DR programme, offer resources / materials to inform patient and offer referral

### Patient review at:

- Diagnosis appointment
- Annual review
- General health appointment
- Patient request

Momenta requests any missing referral / medication adjustment information

GP Practice returns updated form. (Incomplete referrals cannot progress)

### GP Practice care:

- Repeat HbA1c at 6 & 12 months
- Possible medications / other review
- Continued care for patient e.g. annual review

Momenta notifies GP Practice of threshold breaches / actions / coding / side-effects

**Momenta checks**

- Eligibility
- Medication adjustments (including no changes) in writing
- Missing information

ELIGIBILITY CONFIRMED

### Patient onboarding

- Registration
- Individual assessment
- Choice of In-person or Digital

START PROGRAMME

### On programme

- Patient starts chosen model
- Momenta monitors attendance, weight, BG, BP if on BP meds @ referral

### Patient discharge

- Ineligible / decline / dropout / complete
- Momenta inform GP Practice, with relevant metrics, coding and/or action
- Momenta signposts participants to relevant services

### Usual care

\*SNOMED codes: Momenta will write to practices with all other relevant codes after referral

\*\*The form can be completed by health care professionals other than a GP e.g. practice / diabetes nurses and/or pharmacists as long as the medications adjustments are signed off by a GP or someone they give authority to do so on their behalf.