

Supporting links & information

- Patient landing page: Service overview, eligibility, readiness - <https://momentanewcastle.com/t2dr-cw>
- Referrer resources: Eligibility, search, forms, patient info, guidance etc. - <https://momentanewcastle.com/hcp-t2dr-cw>
- Contact: momenta.t2dr-cw@nhs.net or 024 7710 2217
- Referral support session with Momenta-<https://outlook.office365.com/owa/calendar/T2DRWeeklydropinsessions@momentanewcastle.com/bookings/s/R9Y5fTq0OUCK-27aY0yaTw2>

Search and invitation

1. Run T2DR search
2. Confirm patient eligibility and suitability for this programme

Send invite for referral via SMS Landing page / flyer to inform patient about the programme before referral

Optional - Invite to practice T2DR event co-hosted by practice and Momenta (in-person or virtual)

SNOMED codes*:
Invited: 1239631000000109
Declined: 1239581000000107

Referral process
Allow 15 mins

- Review patient medications (diabetes, BP and any impacted by weight loss / dietary change)
- Agree medication adjustments and confirm understanding with patient
- Complete the referral form and **send medication adjustments to Momenta****
- Send patient their medication changes (including if no changes required)

Momenta requests any missing referral / medication adjustment information

GP Practice returns updated form. (Incomplete referrals cannot progress)

GP Practice care:

- Repeat HbA1c at 6 & 12 months
- Possible medications / other review
- Continued care for patient e.g. annual review

Momenta notifies GP Practice of threshold breaches / actions / coding / side-effects

Usual care

- Patient review at:**
- Diagnosis appointment
 - Annual review
 - General appointment
 - Patient request

Explain T2DR programme, offer resources / information, discuss referral

Momenta checks

- Eligibility
- Medication adjustments (including no changes) in writing
- Missing information

Patient onboarding

- Registration
- Individual assessment
- Choice of In-person or Digital

On programme

- Patient starts chosen model
- Momenta monitors attendance, weight, BG, BP if on BP meds @ referral

Patient discharge

- Ineligible / decline / dropout / complete
- Momenta inform GP Practice, with relevant metrics, coding and/or action
- Momenta signposts participants to relevant services



*SNOMED codes: Momenta will write to practices with all other relevant codes after referral
**The form can be completed by health care professionals other than a GP e.g. practice / diabetes nurses and/or pharmacists as long as the medications adjustments are signed off by a GP or someone they give authority to do so on their behalf.